WHAT IS CLAIMED IS:

- 1. A method for the treatment of a patient with hepatic encephalopathy (HE) characterized by hyperammonemia and/or constipation, comprising orally administering to the patient a composition comprising polyethylene glycol (PEG) in an amount sufficient to reduce ammonia plasma levels and/or alleviate constipation in the patient.
- 2. The method of claim 1, wherein the composition consists essentially of PEG.
- 3. The method of claim 2, wherein the composition is administered in single dosages each containing from about 5 to 35 gm of dry PEG dissolved in water.
- 4. The method of claim 1, wherein the composition further includes lactulose.
- 5. The method of claim 4, wherein the composition comprises from about 0.15 to 3.5 parts by weight PEG to 1 part lactulose.
- 6. The method of claim 5, wherein the composition comprises from about 0.5 to 3 parts by weight PEG to 1 part by weight lactulose.
- 7. The method of claim 4, wherein the composition is administered in single dosages each containing from about 5 to 35 gm of dry PEG dissolved in water.
- 8. The method of claim 7, wherein each dosage further contains from about 10 to 30 gm of dry lactulose dissolved in water.
- 9. The method of claim 8, wherein each dosage contains from 10 to 20 gm PEG and 10 to 20 gm lactulose.

- 10. A composition for the treatment of HE comprising from about 0.15 to 3.5 parts by weight PEG to 1 part lactulose.
- 11. The composition of claim 10 comprising from about 0.5 to 3 parts by weight PEG to 1 part by weight lactulose.
- 12. A single dosage composition for the treatment of HE comprising from about 5 to 35 gm of PEG.
- 13. The single dosage composition of claim 12, further comprising from about 10 to 30 gm of lactulose.
- 14. The single dosage composition of claim 13, comprising from about 10 to 20 gm PEG and 10 to 20 gm lactulose.
- 15. A method or composition according to claim 1, wherein the PEG is solid at room temperature.
- 16. A method or composition according to claim 4, wherein the PEG is solid at room temperature.
- 17. A method or composition according to claim 10, wherein the PEG is solid at room temperature.
- 18. A method or composition according to claim 12, wherein the PEG is solid at room temperature.
- 19. A method or composition according to claim 4, wherein the lactulose and PEG are each a dry powder.
- 20. A method or composition according to claim 10, wherein the lactulose and PEG are each a dry powder.
- 21. A method or composition according to claim 13, wherein the lactulose and PEG are each a dry powder.
- 22. A method or composition according to claim 1, wherein the composition is free of added electrolytes.

- 23. A method or composition according to claim 4, wherein the composition is free of added electrolytes.
- $24.\ \$ A method or composition according to claim 10, wherein the composition is free of added electrolytes.
- 25. A method or composition according to claim 12, wherein the composition is free of added electrolytes.